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Activity Report
April 2019 - March 2020

SANMITRA TRUST

1. Digital Literacy:

School education in India is backward looking, not forward looking. We have an industrial age system that is ineffective for children for the 21st Century". This is one such topic every Indian has to rethink before starting to debate. We have been exposed to a value system right from the Vedic period till the 21st century and it has influenced every student both positively and negatively. However, since the current public education system has distinctly atrophied, we as responsible citizens need to remodel this structure.

To begin with the quality in education, although a considerable number of statutes like Right to Education, Sarva Shiksha Abhyan, Saakshar bharti – right to women education etc have been introduced to facilitate access to primary and secondary education, there is no significant improvement in its quality. Moreover, with the rise in political, social and economic stereotypes, the syllabus of schools is structured solely for students to obtain higher marks and not motivate them to study further in-depth about the subject. Competitive exams although important have been made the focal point of every students' school life.

On the one hand, larger opportunities and wider range at job markets have made it harder for students to identify what they are more ambitious about as subjects are taught only at a surface level in primary and secondary schools. On the other, preferences based on reservation have not only made competition unreasonable but has also increased corruption to a large extent. In addition to that **India is majorly lagging behind in computer literacy which is making it hard for them to cope up with the current digital era.**

Change cannot happen overnight. However, these problems can be rectified in the earlier stages itself. Science tells us that a brain develops fastest between the ages of 0 and 6, therefore, by putting children into a Montessori and teaching them life skills at that age would yield greater returns of success. English must be made a compulsory language right from the nursery level to facilitate communication and computer with the latest updated technology must be taught as early as in the sixth grade to connect with the digital world. Individualistic thinking must be propagated to bring in a sense of cultural sensitivity. With this, students would have the liberty and knowledge to choose what path is best for them. The genesis of setting up a Computer Lab in some of these Govt Schools with the fact that these girls are provided with the skills of the 21st century, they have an equal opportunity when they step out into the real world.

Proud Moments:

2019: With the support from donors and volunteers, received 20 Computer Systems and expanded the Computer labs in 2 schools. Presently we have 15 systems at Renuka School and 12 systems at Reddy PU College. We installed and configured the systems with **Windows Operating System** and **Microsoft Office Student Version** which we procured from **NASSCOM**.

Over the years, we've touched about **2500** students with digital literacy skills across **5 schools**.

Mamatha and Sindhu, our 2 energetic computer teachers, train the kids in MS Word, Excel, PowerPoint, MS Paint, and Scratch programming through the year.

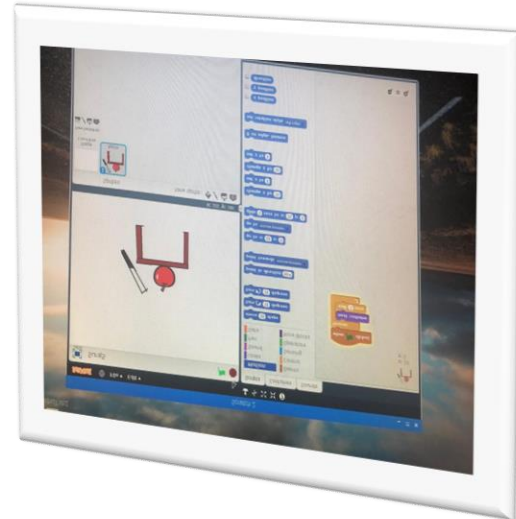


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Scratch Programming Skill Training



Annual Computer Contest:

This is conducted for children to display their learnings. Topics covering Current affairs will be allocated to students. Students can choose to participate in a group or individually. It's a month-long preparation and evolution, and every year we see an increase in number of children participating with full gusto.

Annual Participants and Winners List:

Year	Participants	Winners
2019 – 2020	123	77

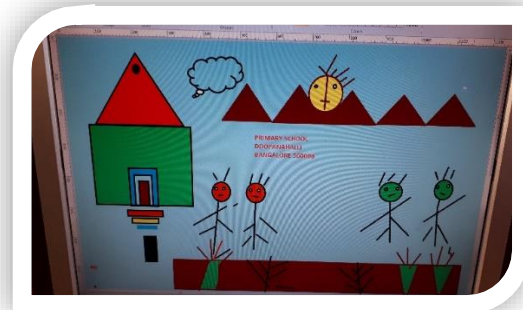
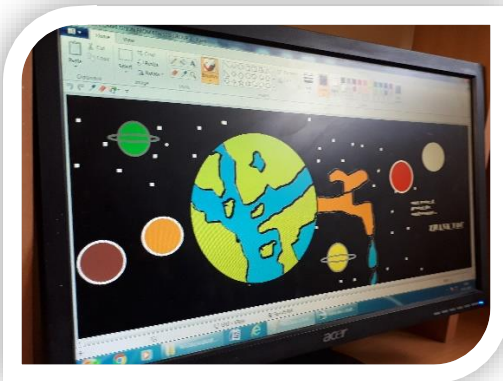
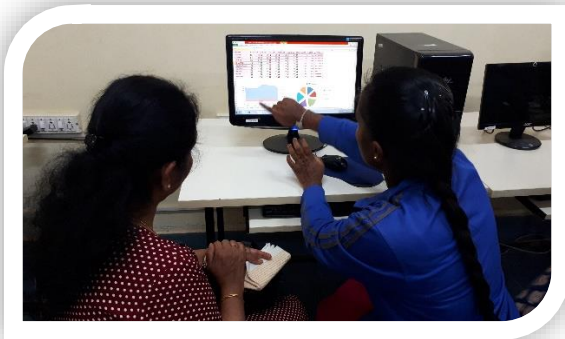


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Students in Action:



All the participants will receive a participating certificate and winners are awarded with a medal.

1 student from each school was awarded as **Super Kid** of the year who showed keen interest in learning Computers be it hardware or software or helping out in the computer lab.



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2. Scholarships for Girls – Supporting Higher Education

All the girls in the Govt schools come from an extremely poor background and a scholarship goes a long way to gain commitment from the family to support them. These girls need just a little bit of our support to help their dreams shape into reality. Our aim is to encourage girls to pursue higher education and not fall into the pressures to start contributing to the household income by earning from an early job.

We extend our warm greetings to the residents of Ranka Heights, an apartment in Bangalore, for their generous support by participating in **Annual Charity Run**. 2020 - 7th year Charity Run happened to be our best ever turn-out, incidentally. It was fantastic to see a lot of new faces, beaming and running with cheer and frolic and a turn-out of over **150 people** coming over for the run.

We are glad to say that this is our **6th year** into this activity and we could support the girls from different streams of graduation. The girls were guided through personal career counseling, and it has been heartening to see the progress of some of these girls.

We also encouraged and supported girls who chose to continue their **post-graduation and placement assistance** was provided to graduates who wished to get in to the workforce.

Year	# Girls	Post-Graduation	Into the Work force
2019 – 2020	14	2	3

Counseling, interview preparedness, resume preparation, mock interviews were conducted by Suma, Irina, Balaji, Gopal and Anjali.





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3. Special Classes for Subjects:

Maths and Science are the subjects that every person finds it difficult to study, but we all know that bit of focus makes it easy to understand and one can score better with more practice.

An initiative started in the academic year 2016-2017 at **Renuka High School, Kaikondarahalli, Bangalore**, a government undertaken school. The activity aims at providing special classes for a small group of 8 to 10 girls, who are good in their academics, and are keen towards pursuing their education in Science stream. These girls come from an economically weaker section and cannot afford to take special tuitions either at private tutorials nor home tuitions.

We identified the teaching faculty from the same institution to ensure there is no change in approach to the studies for the selected students. The classes are handled 1 hour 30 minutes in the morning and evening, typically before and after school hours, by ensuring the students are attending their regular classes as well. Parents of the selected students are counselled in seeking support at home so that the girls are allowed for their extra classes and efforts.

Progressive Report @ Renuka School:

2019 – 2020

	K	E	H	M	S	SS	TOTAL
01. BASAVARAJA 8421773253	120	81	96	88	84	91	560
	A ⁺	A	A ⁺	A	A	A ⁺	89.6%
	DISTINCTION						
02. SHILPA S 8896063687	122	81	92	69	73	95	532
	A ⁺	A	A ⁺	B	B ⁺	A ⁺	85.1%
	DISTINCTION						
03. KAMALA R 9739262614	105	82	80	80	71	92	510
	A	A	A	A	B ⁺	A ⁺	81.6%
04. PREMA P 8123104943	112	87	72	73	65	86	495
	A	A	B ⁺	B ⁺	B	A	79.2%
05. AISHWARYA P 105	73	78	67	59	81	463	
	A	B ⁺	B ⁺	B	C ⁺	A	74.1%
06. MALASHREE 9483248222	92	78	80	72	51	62	445
	B ⁺	B ⁺	A ⁺	B ⁺	C ⁺	B	71.2%
She left our talion in the middle							
ANU.K	118	91	99	85	60	87	540
	A ⁺	A ⁺	A ⁺	A	B	A	86.4%
	DISTINCTION						



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Reddy PU College:

We extended similar program at **Reddy PU College, Domlur, Bangalore** for 2nd PUC students for Physics and Maths for the **academic year 2019 -2020**. Classes were conducted from January after the first preliminary exams were conducted. We received 78% result.

We appreciate the School Principal and Teaching Faculty for their continued effort in making students reach their highest potential.

Government PU College Domlur, Bengaluru South-71		
Time Table for Second year PUC (PCMB) CET CLASSES 219-20		
Day	Subject	Time
Monday	Maths	8.00AM To 9.30 AM
Tuesday	Physics	8.00AM To 9.30 AM
Wednesday	Maths	8.00AM To 9.30 AM
Thursday	Physics	8.00AM To 9.30 AM
Friday	Maths	8.00AM To 9.30 AM
Saturday	Physics	8.00AM To 9.30 AM



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Government P.U. Classes
Damlur, Bengaluru South-71
Progress Report for Second Year PUC(PCMB) 2019-20 CET Classes
SUBJECT: PHYSICS

No.	Name of the Student	Mid/Term	1Week	2Week	3Week	4Week	5Week	6Week	7Week	8Week	9Week	10Week
1	AMRUTHAG P K	16	A									
2	ARJUN	22	14									
3	DIVYA	A	A									
4	KAMARUNNISA A	15	26									
5	KEERTHANA G	22	19									
6	PARTHASARATHI M	12	24									
7	PREETHI K B	24	23									
8	SANDHYA	21	16									
9	SHIVAPPA	24	24									
10	VAMSHIKRISHNA D V	27	17									

Damlur, Bengaluru-71
Progress Report for Second Year PUC(PCMB) 2019-20 CET Classes
SUBJECT: MATHEMATICS

No.	Name of the Student	Mid/Term	1Week	2Week	3Week	4Week	5Week	6Week	7Week	8Week	9Week	10Week
1	AMRUTHAG P K	20	20	20								
2	ARJUN	35	15	18								
3	DIVYA	25										
4	KAMARUNNISA A	57	20	18								
5	KEERTHANA G	25	19	17								
6	PARTHASARATHI M	52	15	17								
7	PREETHI K B	47	14	19								
8	SANDHYA	37	17	19								
9	SHIVAPPA	75	22	21								
10	VAMSHIKRISHNA D V	28	18	19								



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4. Uniform Drive:

As we know, every year, the school uniforms and shoes get wasted with hardly any avenue to get them utilized or recycled. However, there are a lot of tribal and remote schools (bridge schools/ tent schools) which have children coming in from extremely poor background and not supported by the Government. We help collecting the uniform & shoes from the Private Schools, which are further distributed to the underprivileged children.

The uniforms and shoes will be distributed through **RK Foundation**, a renowned organization for charitable action for clothes donation "**VASTHRVITHARANE**" to schools in and around Bangalore and interior rural areas of Karnataka.

What started as a collection of 500 uniforms from one school in Year 1 in 2016, went up to **more than 35,000 uniform sets and 4000 shoes in 2019**. We distributed the uniforms to **more than 40 schools in Karnataka**— Govt School Clusters in Thoralakkki, Mudgal, Kolar, Aalahalli, DN Dodli, Rao Gudlu, Hospet, Gidadapaalya, Shishu Mandir, etc



Every year **Uniform Donation Drive** activity is initiated in the month of December for that academic year and collection closes by April. RK Foundation will distribute the Uniforms and school related items to rural and tribal schools by the start of next academic year.

Sample of E-brochure sent to Apartments and Schools for the Drive:



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✦ Wishing you a very Happy New Year!

Thank you for supporting **MyLittleBit** towards our annual...

UNIFORM AND SHOES DONATION DRIVE



Thanks to you, these schools see their children in proper uniforms,
and the students have a newfound sense of pride! ✦
We request your continued support in 2020, and we'll reach out to you in January

You can expect our support with:

-  Carton Boxes for Collection
-  Posters & Communication Templates
-  Pickup from School post collection
-  Certificates & Badges for Student Volunteers



More project details at mylittlbit.in



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5. Dreams Unlimited - Girls in the Workforce:

For the last few years, we've been driving various initiatives in the continuum towards empowering girls through education. We started with Computer Literacy in 2011, initiated special classes for Math and Science in 10th grade in 2016, Scholarships for girls for higher education simultaneously and we've been monitoring the impact in the journey.

In the process we realized that post the graduation, we significantly see a high proportion of girls dropping out of the mainstream. In our experience,

- 15% get married and drop off.
- 65% drop off due to lack of skills, opportunities and mentorship
- 10% get into post-graduation
- **It is just 10% who get into the workforce** and typically, they fall into the zone of going into factories and very low paying jobs.

To empower the girl child and bring about a substantial change with respect to the demographic dividend, educating underprivileged girls need to be prioritized. The key intent to focus on this critical area arose because of a few fundamental beliefs.

- With women participating in the economy, the entire society benefits
- When you invest in a girl, you're investing in a generation in rural India
- Empowering the girls to live up to their dreams

There was a need towards creating a Bridge for the underprivileged girls to enter the workforce

We identified a gap with industry required skills and skill set of girls coming out of the college along with the support provided by the family and society for the underprivileged girls. To fill the gap, MyLittleBit is delivering an Integrated Skill Development Program (ISDP) through service providers.

Program Details:

As one of the activities of **MyLittleBit Foundation**, a Philanthropic foundation, we introduced a project "Dreams Unlimited" a year ago, for underprivileged girls. Program aims to ensure the girls enter the work force.

The objective of the program is to create a progressive **Integrated Skill Development Program (ISDP)** within the Academic Curriculum of the college for the students who are studying in BA, BCom, BSc, addressing all the 3 years and to see the girls are empowered to get in to the workforce.

We kickstarted an Integrated Skill Development program for the academic year 2019 to 2020 at 2 colleges,

- a) **Vishweshwaraiah First Grade College**, Old Airport Road, Bangalore and
- b) **Dharmasagara First Grade College**, Dommasandra, Sarjapur Road, Bangalore.



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We shortlisted the above mentioned 2 colleges based on the recommendations either through references or contacts. The program was well appreciated by the principals and immediately they were happy to accommodate us by allocating 2 to 3 hours a day, 5 days a week.

With the support of Principal and our service provider **TeamLease**, we arrived at a timetable and started conducting the training program from the 3rd week of September 2019.

We created the curriculum with **TeamLease** which was inserted in their regular schedule to get them industry ready, covering critical aspects including Spoken English, Computer Literacy, Advanced Excel Skills and Basic Accounting.

Trainings were delivered by Industry experienced faculty. The students appreciated the program. Final year students were provided with extra training on interview skills, and mock interviews were conducted to ensure job preparedness.





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All the students were assessed for their aptitude, Personality and skill set through a psychometric analysis and students were given the report on their strengths and areas to focus and build their career.





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The program was well monitored by maintaining the attendance of the students, conducting periodic tests and interviews. Students were given hands on training on using computers and its applications. Every student was made to work with MS Word documents ensuring the basic features of the MS word are clearly understood. Students are made to present their learnings through PPTs and encouraged students to be more creative while showcasing their learnings.



Total of 207 students received training of 240 hours in the previous academic year. Each student received around 120 to 140 hours of integrated program. Each final year student based on their interest got 2 job interviews.



After a great start and a run till March, the lockdown brought in a few bumps on the way with the exams postponed and a lot of anxiety with the job scenario not looking bright. The final year students finally finished their exams in September and along with TeamLease, we started the placement rounds for these girls. **5 organizations** came forward to conduct



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the placement drive in the college campus and it gave an immense sense of satisfaction to all of us with the first **2 girls** in the batch getting their placement offers from one of the leading ITES firms in Bengaluru.

It had indeed been a long journey from the inception of the idea to getting the ground level execution done. As always, any of these initiatives are only as good as the final outcome, which is getting jobs on hand. With uncertainties in the environment and avenues for jobs being unpredictable, it's been great seeing the girls getting their first jobs.



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6. Internship Opportunities for Adolescents:

Sanmitra Trust Bangalore, started in the year 2013, a volunteer run organisation, and are working towards a social cause in bringing awareness on Prevention of Cerebral Palsy.

As you agree, people are unaware of the causes and impact on the economy of the families if they have a kid with CP condition. Also kids with this condition are deprived of normal life. Once the condition occurs there is no treatment and kid will be dependent 24x7, if early intervention is not done. Hence prevention is the only cure.

In order to address this issues, we conducted surveys in rural and urban areas and have made a social stigma documentary and also few educative videos which covers the causes and preventive methods advised by Gynecologist, pediatricians and a social reformer. We are extensively working on the importance of early intervention and inclusive education for these kids.

With an increase in incident rate of CP cases in India, we would like to reach out to a wider audience to spread the awareness on this niche area which is the need of the hour.

As part of the activity of our foundation, we educate young adults through internship programs and use them as a media to reach out to a wider audience. Currently a bunch of young adults are geared up and they like to share their experience.

What we do:

We conduct a social internship program for teenagers in **“Educating the World on Prevention of Cerebral Palsy”** (CP), over 16 weeks, entailing 40 hours of Community work. Participants first interact with Gynecologists and Specialists, attend lectures, and visit a Rehabilitation Center especially set up for children with CP to gain empathy. They then research and create multimedia presentations, videos and flyers before proceeding on field trips to create mass awareness about this neurological impairment. Finally they submit their complete report at the end of the program. At the end of the program every participating kid will receive a participation certificate issued by the NGO based on number of hours put by them.

Congratulations to our Interns – 2019 who did a stupendous job on bringing the awareness on Prevention Of Cerebral Palsy.

They presented their learnings at Divyashree Elan Homes, Adarsh Palm Retreat and Dharmasagara First Grade College.

INTERNATIONAL CEREBRAL PALSY DAY (6TH OCTOBER), VISITED ANTARAGANGE EDUCATION SOCIETY

On account of International Cerebral Palsy Day (6th October), visited Antaragange Education Society for mentally challenged, a rehabilitation center near Kolar with my Little Sanmitras.

Rehabilitation visit is organised for interns to give emphasis on benefit of early intervention.

Activity included a practical approach on the benefit of Physio therapy and skill development program as part of secondary Prevention.

Thanks to Dr Arun, a Physio therapist, Mrs. Sharada and Mrs. Vasanthalakshmi, Special educators for CP kids for screening the CP kids and their advice.



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As part of the secondary prevention of Cerebral Palsy, Sanmitra Trust with the support of NELE, a center for early learning and remedial education, conducted a detailed assessment of children below 15 years to create individual education plans. Assessment included Physical exam to assess physical disability, IQ assessment, SQ assessment, skill based assessment in various development areas. This will be followed by a guidance to teachers and care givers to implement individual education plan. Progress of each kid's development shall be periodically monitored.





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7. Career Counselling - for 10 grade students at Renuka High School :

Sanmitra Trust in association with iDreamCareer completed career counselling for students who are studying in their 10th standard.

It is an eye-opening experience, diversifying students to a plethora of opportunities and it feels good to guide them in uncovering their inner strengths and pave a path ahead for their future.

Activity included psychometric analysis, counseling and suggesting the first 4 career opportunities. Reports were given to each kid and dashboard access was provided to the students to study and choose their career path and hence the selection of the stream could be made easy at 11th grade.

Totally 82 students were assessed over a period of 3 days.

